

# SCCUDD Monthly Memo

Volume 2, Issue 4, April 2016

## Alcohol Awareness Month

April is Alcohol Awareness Month and the Schuyler County Coalition on Underage Drinking and Drugs (SCCUDD) wants to raise awareness about underage alcohol use in the community and how to prevent it.

In Schuyler County, 47.6% of 7th through 12th grade students report using alcohol at some point in their life and 25.5% report using it in the past 30 days. Many kids here are using alcohol for the first time before they are 13 years old. This is concerning because research shows that youth who begin drinking before the age of 15 are 6 times more likely to develop an alcohol use disorder than those who begin drinking at the legal age of 21, according to the 2013 National Survey on Drug Use and Health.

With spring break, prom, and summer vacation right around the corner, it's important for community members and parents to learn more about how they can help prevent underage alcohol use.

- Talk to kids about the consequences of underage drinking and let them know you don't approve. Research shows that kids who learn about the dangers of underage drinking from their parents are less likely to experiment than kids who don't.
- Let kids know that you don't want them to drink because you want them to be happy and healthy, not just because you said so.
- Learn more about underage alcohol use and show that you are a trustworthy source of information.
- Let kids know you are on-their-side but that you will notice if they drink.
- Teach kids tips for how to resist peer pressure. Help them learn ways to refuse alcohol if it is offered to them or set up a secret text message code so they can use you coming to pick them up as an excuse not to drink.

SCCUDD will be hosting a community forum on Apr. 19 at 6:30 p.m. in the Watkins Glen Elementary School auditorium. At the forum, learn about underage drinking consequences and prevention and about the legal consequences of providing youth with alcohol. Attendees will also hear from community teens. The forum will be moderated by Chief Assistant District Attorney Matthew Hayden. At 6:30 p.m. attendees will be able to try on Impairment Awareness Goggles to see how alcohol can impair their ability to do simple tasks. Presentations will begin at 7:00 p.m. and will be followed by a short Q&A session.

Community members can also learn more about underage drinking by following SCCUDD on Facebook or Twitter. Each day this month, SCCUDD will post different facts, information, and tips.

## Upcoming Meetings & Events

Meeting	Location	Date	Time
<b>Coalition Meeting</b>	Shared Services Building Conference Room	May 10	3 pm
<b>Subcommittees:</b>			
• <b>Alcohol</b>	FLACRA	Apr. 12	2 pm
• <b>Parent</b>	WG Library	May 24	3 pm
• <b>THC</b>	FLACRA	Apr. 15	10 am
• <b>Tobacco</b>	Public Health	May 3	9 am
<b>Community Forum about Underage Drinking</b>	Watkins Glen Elementary School Auditorium	Apr. 19	6:30 pm
<b>National Drug Take Back Day</b>	Tyrone and Odessa Fire Stations	Apr. 30	10 am–2 pm



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### Questions or comments?

Please visit <http://www.schuylercounty.us/SCCUDD> or call (607) 535-8140

Like us on **Facebook** <https://www.facebook.com/sccudd> and

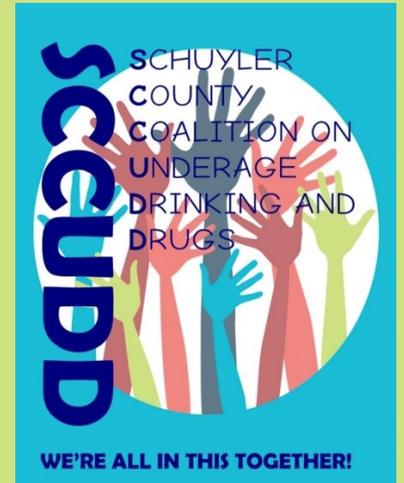
Follow us on **Twitter** <https://twitter.com/sccudd>

Take the survey before it closes in Mid-April

# Hey! Got a few minutes?

The Schuyler County Coalition on Underage Drinking and Drugs (SCCUDD) is looking for input on the substance use problems facing the community

[surveymonkey.com/r/SCCUDD](http://surveymonkey.com/r/SCCUDD)



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If you are a Schuyler County resident over the age of 18 take the survey and let us know what you think!

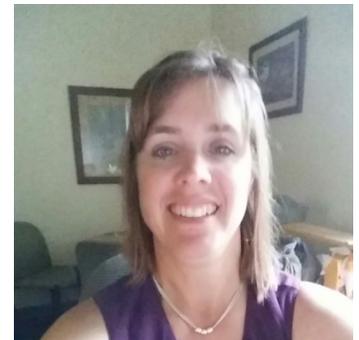
## Upcoming activities and events

- Emerging Drug Concerns Part III: Underage Drinking
- Alcohol Awareness Month social media campaign
- Youth-designed events
- National Drug Take Back Day
- And much more!



## Meet a Member: get to know people in SCCUDD

- Name: Shelley Beaumont
- Occupation: Registered Nurse
- Why did you decide to join SCCUDD: I thought that alcohol and drug use had become too prevalent in our society and wanted to assist in society's education
- Hobbies: Quilting, gardening, crocheting
- Favorite food: Hamburg Pie
- Do you have any pets: Yes. 4 dogs, 5 cats.
- What is one interesting thing people should know about you: Run small hobby farm where they grow strawberries and raise pigs



### Sources:

2015 Schuyler County Communities That Care Youth Survey

Substance Abuse and Mental Health Services Administration, Results from the 2013 National Survey on Drug Use and Health: Summary of National Findings, NSDUH Series H-48, HHS Publication No. (SMA) 14-4863. Rockville, MD: Substance Abuse and Mental Health Services Administration, 2014.

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