

JOIN US ON DECEMBER 5TH
 AT THE SILVER SPOON CAFÉ
 FOR AN AFTERNOON OF SING-A-LONG
 FUN WITH THE ALZHEIMER'S
 ASSOCIATION

1:30 PM



PLEASE NOTE:

Suggested contribution for 2017 increasing from \$3.00/meal to \$4.00/meal. Applies to individuals age 60 and older. This is a **SUGGESTED** Contribution; it is **NOT** a charge. Cost of meal for guests under the age of 60 is increasing from \$6.00/meal to \$7.00/meal. Thank you for your understanding as we deal with increasing costs.

AARP Driver Safety Class

Where: Silver Spoon Café

When: December 10, 2016 8^{AM}-4:15^{PM}

AARP member (must bring card)- \$20.00 fee

Non-member- \$25.00 fee

You are encouraged to bring a lunch

Pre-registration REQUIRED at 607-535-7108

Instructor: Gerald Wheeler, District Coordinator

Other Available Services: Call 535-7108

- Information & Assistance/Options Counseling
- Case Management
- Personal Emergency Response System
- Caregiver's Loan Library-Books & Videos
- Caregiver Counseling and Education
- In-Home Aide Services
- Transportation
- Nutrition Counseling and Education
- Legal Assistance
- Health Insurance Counseling
- Health and Wellness

DECEMBER 2016

**SCHUYLER COUNTY OFFICE FOR THE
 AGING/NYCONNECTS**

<http://www.schuylercounty.us/>

Contributions always appreciated

Funding for the Office for the Aging
 is provided by the:
 Federal Administration on Aging (under Administration for
 Community Living- ACL
 NYS Office for the Aging
 Schuyler County and participant contributions

\$\$ SNAP helps low-income working people, senior citizens, the disabled and others feed their families.

Find out if you may be eligible and apply for **SNAP**

Veronica Mintegui

NOEP Facilitator of

Catholic Charities of Chemung & Schuyler Counties

will be at the Silver Spoon Café December 7, 2016

during lunchtime to talk with you about **SNAP**

benefits. **\$\$**

Line Dancing Monday's 10:30-11:30am

Jig-Saw Puzzle table 10am-till

Wii Wednesday's 10-am-till

Tai Chi coming soon...watch for info

Silver Spoon Café Montour Falls, NY

**PLEASE CALL 535-7470 FOR INFO
 ABOUT ANY OF OUR MEAL SITES**

MONTOUR FALLS-MON-FRI

MONTEREY-TUESDAY ONLY

TYRONE-WEDNESDAY ONLY

HECTOR-THURSDAY ONLY

Over 60 \$3.00 suggested contribution

Under 60 \$6.00 required charge

**Schuyler County Office for the Aging/NY Connects
 Is looking for volunteers to assist in the following**

areas:

-OFA Advisory Council- provide input on services & more

-Bus Buddies- assist on public transit

-RIDE Volunteer- take individuals to medical

appointments

Call 535-7108 for information