


MAY 2018

SCHUYLER COUNTY OFA NUTRITION PROGRAM

FOR RESERVATIONS CALL 535-7470 BY 9AM

ALL MEALS SERVED AT 12:00PM

NOTE: MENU SUBJECT TO CHANGE

MON	TUE	WED	THU	FRI
<p>All meals served with 2% or Fat Free Milk</p>	<p>1 Lemon Garlic Chicken Au Gratin Potatoes Mixed Vegetables Pears Dinner Roll Juice</p>	<p>2 Fish Kiev Confetti Rice Harvard Beets Whole Wheat Roll Apple Juice</p>	<p>3 Roast Pork w/Gravy Whipped Potatoes Chickpea Salad Ambrosia Fruit Whole Wheat Roll Brownie</p>	<p>4 Salsa Chicken w/Rice Fiesta Corn Mexican Bean Salad Corn Muffin Juice Mexican Chocolate Cake Cinco de Mayo</p>
<p>7 Turkey Rice Casserole Italian Green Beans Rosy Apple Relish Whole Wheat Roll</p>	<p>8 Macaroni & Cheese Stewed Tomatoes Peaches w/Raspberries Whole Wheat Roll Juice</p>	<p>9 Salisbury Steak w/Gravy Mashed Potatoes Carrot Raisin Salad Molded Cucumber Salad Whole Wheat Roll</p>	<p>10 Chicken w/Cheesy Mushroom Sauce Brown Rice Angie's Salad Whole Wheat Roll Apple Juice Pie Mother's Day Dinner</p>	<p>11 Breakfast - see details below Ultimate Breakfast Strata Warm Cinnamon Applesauce Blueberry Muffin V8Juice Banana</p>
<p>14 Chicken Alfredo over Linguine Italian Mixed Veggies Pears w/Blueberries Whole Wheat Bread</p>	<p>15 Apricot Pork Loin Steamed Potato Orange Glazed Beets Mixed Berries Applesauce Muffin</p>	<p>16 Veggie Burger on Bun Pasta Salad Wax/Green bean Mix Pineapple w/Mandarin Oranges Rice Pudding w/Raisins</p>	<p>17 Spanish Rice Broccoli Salad Peaches Whole Wheat Roll Cottage Cheese w/Chives</p>	<p>18 BBQ Chicken Scalloped Cabbage Pea & Beet Salad Fruit Cup Whole Wheat Roll</p>
<p>21 White Chicken Chili California Mixed Vegetables Fruit Salad Tortilla Chips Grape Juice</p>	<p>22 Parmesan Crusted Fish Baked Potatoes Spinach Fruit Fluff Whole Wheat Roll Orange Juice</p>	<p>23 Chicken Spiedie on Whole Wheat Bun Frijoli Salad Potato Salad Molded Vegetable Salad Peaches Ice Cream Memorial Day Celebration 4:00- 5:30 pm</p>	<p>24 Vegetable Lasagna Tossed Salad Melon Cup Garlic Bread Cookie</p>	<p>25 Stuffed Pepper w/Sauce Butternut Squash Carrifruit Salad Banana Whole Wheat Bread</p>
<p>28 OFA CLOSED </p>	<p>29 Italian Sausage on Bun w/Peppers & Onions Baked Beans Succotash Grapes Orange Juice Peanut Butter Bar</p>	<p>30 Stuffed manicotti Broccoli Mixed Berries w/Topping Garlic Bread Jello Cake</p>	<p>31 Meatloaf w/Gravy Mashed Potatoes Coleslaw Mandarin Oranges Whole Wheat Roll</p>	<p>Breakfast on 5/11/18 Served from 8:00 - 10:00 am at the Silver Spoon Café Home Delivered Meals served at the usual time- breakfast menu</p>