



<p>1 Chili Con Carne Three Bean Salad Fruit Cocktail Biscuit Grape Juice</p>	<p>2 Parmesan Crusted Fish Brown Rice Green Beans Fruit Fluff 12 Grain Bread Apple Juice</p>	<p>3 BBQ Chicken on Bun Baked Beans Coleslaw Mangos Chocolate Pudding w/ Topping</p>	<p>4 OFA Closed </p>	<p>5 Stuffed Pepper Beets Carifruit Salad 12 Grain Bread Baked Apple Slices</p>
<p>8 Manicotti Broccoli Seasonal Berries Garlic Bread Apple Juice</p>	<p>9 Sweet n Sour Meatballs Brown Rice Oriental Vegetable Medley Grapes Whole Wheat Roll Orange Juice</p>	<p>10 Turkeyloaf w/ Gravy Mashed Potatoes Carrots Cantaloupe 12 Grain Bread Apple Juice</p>	<p>11 Chicken Cacciatore Rotoni Spinach Fresh Orange Whole Wheat Roll Brownie</p>	<p>12 Beef Stroganoff Fettuccine Scalloped Cabbage Pears 12 Grain Bread Orange Juice</p>
<p>15 Hawaiian Ham w/ Pineapple Sauce Yams Pea & Beet Salad Fruit Cocktail Blueberry Muffin</p>	<p>16 Lemon Garlic Chicken Au Gratin Potatoes Mixed Vegetables Pears 12 Grain Bread Oatmeal Raisin Cookie</p>	<p>17 Spaghetti w/ Meatballs Brussel Sprouts Triple Berry Mix Garlic Bread Pie</p>	<p>18 Roast Pork w/ Gravy Mashed Potatoes Carrots Fruit Ambrosia Whole Wheat Roll</p>	<p>19 Fish Kiev Confetti Rice Kidney Green Bean Salad Apple Corn Muffin</p>
<p>22 Chicken Italian Parsley Potatoes w/ Sour Cream Seven Layer Salad Cantaloupe Whole Wheat Roll</p>	<p>23 Salisbury Steak w/ Gravy Mashed Potatoes Succotash Mandarin Oranges 12 Grain Bread</p>	<p>24 Vegetable Lasagna Tossed Salad w/ Dressing Peaches Garlic Bread Grape Juice</p>	<p>25 Macaroni & Cheese Stewed Tomatoes Strawberries with Topping Orange Juice Fig Newtons</p>	<p>26 Roast Beef w/ Gravy Red Skinned Potatoes Squash Tropical Fruit Whole Wheat Roll</p>
<p>29 Beef Stew Biscuit Pears Apple Juice Fig Newtons</p>	<p>30 Apricot Pork Loin Rice Pilaf Carrot Raisin Salad Applesauce Muffin Orange Juice</p>	<p>31 Chicken Alfredo over Linguine Italian Mixed Vegetable Mixed Berries Whole Wheat Roll Grape Juice</p>	<p>All MEALS SERVED WITH 1% MILK</p>	

			<p>1 Spanish Rice Broccoli Salad Blueberries Cottage Cheese w/ Chives 12 Grain Bread</p>	<p>2 Tuna Cold Plate Lettuce & Tomato Three Bean Salad Summertime Fruit 12 Grain Bread Apple Juice</p>
<p>5 Pulled Pork on a Whole Wheat Bun Broccoli Fruited Jello Salad Grape Juice Fig Newtons</p>	<p>6 Stuffed Pepper Squash Carrifruit Salad 12 Grain Bread Baked Apple Slices</p>	<p>7 Parmesan Crusted Fish Brown Rice Oriental Vegetable Medley Fruit Fluff Whole Wheat Roll</p>	<p>8 Chili Con Carne California Mix Vegetables Fruit Cocktail Corn Muffin Grape Juice</p>	<p>9 Turkey Tetrazzini Peas Apple Juice Whole Wheat Roll Peach Crisp</p>
<p>12 Sweet-n-Sour Meatballs Brown Rice Brussel Sprouts Whole Wheat Roll Orange Juice Graham Crackers</p>	<p>13 Manicotti Cauliflower Seasonal Berries Garlic Bread Apple Juice</p>	<p>14 Chicken Parmesan Rotini Spinach Orange 12 Grain Bread</p>	<p>15 Turkeyloaf w/Gravy Mashed Potatoes Carrots Cantaloupe Whole Wheat Roll Apple Juice</p>	<p>16 Beef Tips & Mushrooms Fettuccine Scalloped Cabbage Pears 12 Grain Bread Orange Juice</p>
<p>19 Vegetable Lasagna Tossed Salad w/Dressing Peaches Garlic Bread Grape Juice</p>	<p>20 Lemon Garlic Chicken Au Gratin Potatoes Mixed Vegetables Fruit Ambrosia 12 Grain Bread</p>	<p>21 Roast Pork w/Gravy Mashed Potatoes Kidney Green Bean Salad Pears Whole Wheat Roll</p>	<p>22 Fish Kiev Confetti Rice Carrots Molded Cucumber Salad Apple Corn Muffin</p>	<p>23 Hawaiian Ham w/ Pineapple Sauce Yams Broccoli Fruit Cocktail Blueberry Muffin</p>
<p>26 Roast Beef W/ Gravy Red Skinned Potatoes Squash Tropical Fruit Whole Wheat Bread Orange Juice</p>	<p>27 Macaroni & Cheese Stewed Tomatoes Cottage Cheese w/ Peaches Banana Berry Muffin Square Orange Juice</p>	<p>28 Spaghetti w/ Meatballs Tossed Salad w/ Dressing Triple Berry Mix Garlic Bread Apple Juice</p>	<p>29 Marinated Chicken Breast on a Whole Wheat Bun Lettuce and Tomato Coleslaw Carrots Watermelon</p>	<p>30 Salisbury Steak w/ Gravy Mashed Potatoes Succotash Mandarin Oranges Whole Wheat Roll Cookie</p>

<p>2</p> <p>OFA</p>  <p>CLOSED</p> <p>9 Chili Con Carne Pea & Beet Salad Fruit Cocktail Corn Muffin Pudding</p>	<p>3 Pork Loin w/ Saurkraut Parsley Boiled Potatoes Carrot Raisin Salad Pineapple Applesauce Muffin</p> <p>10 Stuffed Pepper Butternut Squash Mixed Berries w/ Topping Whole Wheat Roll Apple Juice</p>	<p>4 Dressed Hamburger on a Whole Wheat Bun Baked Beans Watermelon Jello Cake</p> <p>11 Beef & Mushrooms on Whole Wheat Bun Broccoli Fruited Jello Salad Grape Juice</p>	<p>5 Spanish Rice Broccoli Salad Yogurt w/ Blueberries Whole Wheat Roll Apple Juice</p> <p>12 Parmesan Crusted Fish Lemony Herbed Rice Green Beans Fruit Fluff Whole Wheat Roll</p>	<p>Turkey Tetrazzini Peas and Onions Apple Juice 12 Grain Bread Peach Crisp</p> <p>13 Beef Stew Biscuit Carrifruit Salad Fig Newton Orange Juice</p>
<p>16 Sweet & Sour Meatballs Over Rice Oriental Vegetable Medley Grapes Whole Wheat Roll Orange Juice</p> <p>23 Scalloped Potatoes & Ham Corn Fruit Cocktail Whole Wheat Roll Orange Juice</p> <p>1ST DAY OF AUTUMN </p> <p>30 Chicken Italian Parsley Potatoesw/ sour cream Brussel Sprouts Pineapple Tidbits Whole Wheat Roll</p>	<p>17 Macaroni & Cheese Stewed Tomatoes Peaches Whole Wheat Roll Orange Juice</p> <p>24 Lemon Garlic Chicken Baked Potato Mixed Vegetables Pears Pudding w/ Whipped Topping</p>	<p>18 Turkey loaf w/ Gravy Mashed Potatoes Carrots Cantaloupe 12 Grain Bread</p> <p>25 Vegetable Lasana Tossed Salad w/ Dressing Peaches Garlic Bread</p>	<p>19 Chicken Cacciatore Linguine w/ Sauce Spinach Orange Whole Wheat Roll</p> <p>26 Roast Pork Supreme Mashed Potatoes Carrots Fruit Ambrosia Whole Wheat Roll Apple Juice</p>	<p>Manicotti Cauliflower Seasonal Berries Garlic Bread Apple Juice</p> <p>27 Fish Kiev Confetti Rice Kidney Green Bean Salad Corn Muffin Grape Juice</p>

<p>7 Parmesan Fish Confetti Rice Carrots Apple Juice Corn Muffin</p>	<p>1 Ham & Bean Cassarole over Rice Spinach Fruit Cocktail Blueberry Muffin Apple Juice</p> <p>8 Sloppy Joe on Whole Wheat Bun Pea and Beet Salad Warm Apple Slices Graham Crackers</p>	<p>2 Chicken w/ Herb Gravy Mashed Potato Cassarole Mixed vegetables Pears Whole Wheat Dinner Roll</p> <p>9 Tuna Noodle Cassarole Green Beans Fresh Orange Whole Wheat Dinner Roll Fruited Jello</p>	<p>3 Goulash Tossed Salad w/dressing Cottage Cheese w/ Pineapple Garlic Bread Brownie</p> <p>10 Chicken Ala King Brussel Sprouts Apple Crisp Biscuit</p>	<p>4 Kielbasa w/ Saurkraut German Potato Salad Blueberries Orange Juice Fig Newton</p> <p>11 Macaroni & Cheese Stewed Tomatoes Peaches 12 Grain Bread Fig Newton</p>
<p>14 OFA CLOSED</p>  <p><i>Columbus Day</i></p>	<p>15 Turkey Loaf w/ Gravy Mashed Potato Harvard Beets Fruit Cup Whole Wheat Roll</p>	<p>16 Chicken Parmesan over Pasta Peas & Carrots Pineapple Chunks Applesauce Muffin</p>	<p>17 Spanish Rice Broccoli Banana Whole Wheat Roll Cottage Cheese Chives</p>	<p>18 Scallop Potatoes & Ham Kidney Green Bean Salad Warm Baked Apples Whole Wheat Roll Grape Juice</p>
<p>21 Hot Roast Beef w/ Gravy Red Skinned Potatoes Winter Squash Tropical Fruit Whole Grain Bread</p> <p>28 Spaghetti w/ Meatsauce Tossed Salad w/ Dressing Pears Garlic Bread Fig Newton</p>	<p>22 Chili Con Carne Carrot Raisin Salad Fruit Cocktail Corn Muffin Grape Juice</p> <p>29 Swedish Meatballs over Pasta Green Beans Sunshine Salad Whole Wheat Roll</p>	<p>23 Fish Morney Baked Potato w/ Sour Cream Spinach Fruit Fluff Banana Berry Muffin</p> <p>30 Macaroni & Cheese Zuchini & Tomatoes Cinnamon Applesauce 12 Grain Bread Grape Juice</p>	<p>24 Sliced Turkey w/Gravy Mashed Potatoes Broccoli Peaches Cranberry Sauce Whole Wheat Roll</p>	<p>25 Sweet n Sour Pork Brown Rice Carrots Pineapple Tidbits 12 Grain Bread Apple Juice</p>