

Schuyler County 2019-2021
Community Health Assessment (CHA),
Community Service Plan (CSP) and
Community Health Improvement Plan (CHIP)

County Name:

Schuyler County

**Participating local health
department and contact
information:**

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Public Health**

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**Participating Hospital/Hospital
System(s) and contact
information:**

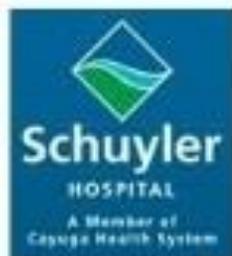
Schuyler Hospital

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assessment on behalf of
participating
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Common Ground Health

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Schuyler County Executive Summary

The Schuyler County Health Department, in partnership with Schuyler Hospital, has selected the following priority areas and disparity for the 2019-2021 assessment and planning period:

County	Priority Areas & Disparity
Schuyler County	<p>Prevent Chronic Disease 1. Chronic disease preventative care and management</p> <p>Promote Well-Being and Prevent Mental and Substance Use Disorders 2. Prevent mental and substance use disorders</p> <p>Disparity: low income</p>

Selection of the 2019-2021 Community Health Assessment (CHA), Community Service Plan (CSP) and Community Health Improvement Plan (CHIP) priority and disparity areas was a joint process which began in the summer of 2018 with assistance from the S2AY Rural Health Network and Common Ground Health. A variety of partners were engaged throughout the process including the public health departments and hospital staff, Community Based Organizations (CBOs), Office for Aging, county legislation, the S2AY Rural Health Network, Common Ground Health, and more. The community at large was engaged throughout the assessment period via a regional health survey in 2018 (*My Health Story 2018*) and focus groups. Partners' role in the assessment were to help inform and select the 2019-2021 priority areas by sharing any pertinent data or concerns and actively participating in planning meetings.

On April 10, 2019, the health department engaged key stakeholders in a prioritization meeting facilitated by the S2AY Rural Health Network. Key partners and community members were invited to attend the prioritization meetings, including all those who attended prior focus groups, who had expressed interest in attending. Social media platforms, e-mail, news media and newsletters were utilized to help stimulate participation. Common Ground Health provided group members copies of county specific pre-read documents in advance of the meetings. The documents included information on current priority areas and progress made to date, as well as a mix of updated quantitative, qualitative, primary and secondary data on each of the five priority areas outlined in the New York State Prevention Agenda. Data were collected from a variety of different sources including, but not limited, to the American Community Survey, the enhanced Behavioral Risk Factor Surveillance System, Vital Statistics, communicable disease and dental reports and primary data collected from the *My Health Story 2018* Survey. A copy of the pre-read document, prioritization meeting materials and meeting attendees are available upon request.

Using the above referenced data and group discussions, participants utilized Hanlon and PEARL methods² to rank a list of group identified and pre-populated priorities. To address the previously mentioned priorities and disparities, the health department facilitated a CHIP planning meeting where partners discussed opportunities to leverage existing work. Existing work efforts were then compared

² Hanlon and Pearl are methods which rate items based on size and seriousness of the problem as well as effectiveness of interventions.

to intervention options (primarily selected from the New York State Prevention Agenda Refresh Chart) and were informally voted on and selected.

Regionally³, Schuyler County aligns with nearby counties on several interventions including the following:

Focus Area	Intervention* & # of Counties Selected
Chronic disease preventative care and management	<p>4.1.2 Conduct one-on-one (by phone or in-person) and group education (presentation or other interactive session in a church, home, senior center or other setting) (selected by three counties)</p> <p>4.1.3 Use small media such as videos, printed materials (letters, brochures, newsletters) and health communications to build public awareness and demand (selected by four counties)</p>
Prevent mental and substance use disorders	<p>2.5.4 Identify and support people at risk: Gatekeeper training, crisis intervention, treatment for people at risk of suicide, treatment to prevent re-attempts, post-intervention, safe reporting and messaging about suicides (selected by five counties)</p>
<p>*Interventions shown are those where three or more counties selected the intervention. A full list of selected interventions can be found in the county improvement plan found in appendix A.</p>	

Chronic Disease Preventative Care and Management was a widely selected focus area by several regional counties (six out of eight counties). Many counties, including Schuyler, have selected goals which revolve around increasing cancer screening rates. Leveraging region-wide all of the previously mentioned interventions will aid in reaching as many persons as possible throughout the region. In addition, wide-spread goal alignment exists among promotion of well-being and prevention of mental and substance use disorders. Several counties, including Schuyler, have selected goals that revolve around prevention of suicides and addressing adverse childhood experiences (ACEs). The complete list of Schuyler County’s selected interventions, process measures and partner roles in

³ The region includes eight of the nine Finger Lakes counties: Schuyler, Livingston, Ontario, Schuyler, Seneca, Steuben, Wayne and Yates Counties.

implementation processes can be found in the county's Community Health Improvement Plan grid (Appendix A).

The CHIP's designated overseeing body, Professional Advisory Committee (PAC) meets every other month and subcommittee working on implementing CHA/CHIP interventions meets on a monthly basis. The two groups have historically reviewed and updated the Community Health Improvement Plan and will continue to fulfill that role. During meetings, group members will identify any mid-course actions that need to be taken and modify the implementation plan accordingly. Progress will be tracked during meetings via partner report outs and will be recorded in meeting minutes and a CHIP progress chart. CHIP partners will be continued to be engaged and apprised of progress quarterly via meetings and emails. The community will continue to be engaged and apprised of progress annually via website postings and social media postings.



Schuyler County
Community Health Improvement Plan

2019-2021 Schuyler County Community Health Improvement Plan

Partners

Schuyler County Public Health
Schuyler Hospital and Primary Care
Southern Tier Cancer Services Program
U of R- Center for Community Health and Prevention
S2ay Rural Health Network
Schuyler County Mental Health Clinic
SAFE- Suicide Awareness for Everyone
M.R. Hess Home Works
Ryan Pruitt Awareness 24 (RPA 24)

Schuyler County
Community Health Improvement Plan

Priority: Prevent Chronic Diseases					
Focus Area 4: Preventive care and management					
Timeframe: To be completed by December 31, 2021					
Goal 4.1 Increase cancer screening rates					
Outcome Objective: 4.1.3 Increase the percentage of adults who receive a colorectal cancer screening based on the most recent guidelines (age 50-75 years) by 5% by December 2021.					
Intervention/ Strategies/ Activities	Process Measures	Partner Role and Resources	2019	2020	2021
4.1.3 Use small media such as videos, printed materials (letters, brochures, newsletters) and health communication to build public awareness and demand.	Number of advertisements promote cancer screenings. Percent of CRC promotion that target low income.	Southern Tier Cancer Services Program- cost of billboard and time of employee spent on campaigning	NY CSP will continue to provide social media toolkit, that can be shared to Facebook for daily and weekly post, Press releases, Commercials. Investigate if they NYCSP can provide billboard. Post billboard	NY CSP will continue to provide social media toolkit, that can be shared to Facebook for daily and weekly post, Press releases, Commercials. Billboard for March 2020	NY CSP will continue to provide social media toolkit, that can be shared to Facebook for daily and weekly post, Press releases, Commercials.
		Schuyler Hospital- 2% FTE	Receive social media toolkit from NY CSP.	Run ad in primary care center, lobbies of hospital (ER and main hospital), Facebook, brochures.	Schuyler Hospital does interviews with Doctors for live videos on Facebook. Run ad in primary care center, lobbies of hospital (ER and main hospital), Facebook, brochures.
		U of R Center for Community Health & Prevention- 2% FTE and \$330/year	Promotion of Healthy Living Classes in local media and hold Healthy Living Classes.	Promotion of Healthy Living Classes in local media. Facebook live events with doctors to promote cancer screening awareness.	Promotion of Healthy Living Classes in local media.

Schuyler County
Community Health Improvement Plan

Priority: Prevent Chronic Diseases					
Focus Area 4: Preventive care and management					
Timeframe: To be completed by December 31, 2021					
Goal 4.1 Increase cancer screening rates					
Outcome Objective: 4.1.3 Increase the percentage of adults who receive a colorectal cancer screening based on the most recent guidelines (age 50-75 years) by 5% by December 2021.					
Intervention/ Strategies/ Activities	Process Measures	Partner Role and Resources	2019	2020	2021
4.1.3 Use small media such as videos, printed materials (letters, brochures, newsletters) and health communication to build public awareness and demand.	Number of advertisements promote cancer screenings. Percent of CRC promotion that target low income.	Public Health Department 2-4% of public health employee	Receive social media tool kit from NYCSP to be used in the region. Use Inflatable colon at local event to promote colorectal cancer screenings and do social media post to increase awareness for screenings. Promote Health Living Class in Watkins Glen.	Public Health will do paid media along with social media path, use inflatable colon at events. Investigate billboard for Public Health to run Ad. Promotion of materials on colorectal cancer screening with Montour Festival, Food pantries, OFA Meal Sites.	Public Health will do paid media along with social media path, use inflatable colon at events. Run the Ad for a billboard. Promotion of materials on colorectal cancer screening with Montour Festival, Food pantries, OFA Meal Sites.
		S2AY Rural Health Network- 5% of Full time staff towards social media promotion, website maintenance and email distribution for promotion.	S2AY will promote Living Healthy Classes in Schuyler County	S2AY will promote Living Healthy Classes in Schuyler County	S2AY will promote Living Healthy Classes in Schuyler County

Schuyler County
Community Health Improvement Plan

Priority: Prevent Chronic Diseases					
Focus Area 4: Preventive care and management					
Timeframe: To be completed by December 31, 2021					
Goal 4.1 Increase cancer screening rates					
Outcome Objective: Increase the percentage of adults who receive a colorectal cancer screening based on the most recent guidelines (adults with an annual household income less than \$25,000) by 5% by December 2021.					
Intervention/ Strategies/ Activities	Process Measures	Partner Role and Resources	2019	2020	2021
4.1.2 Conduct one-on-one (by phone or in-person) and group education (presentation or other interactive session in a church, home, senior center or other setting)	Number of events attended and promoted.	Schuyler Public Health 2-4% of Full time public health employee	Use inflatable colon to promote awareness about colorectal cancer at festival.	Use inflatable colon to promote awareness about colorectal cancer at festivals. Attend 3 service clubs, churches and OFA meal sites. Attend local school events.	Attend food pantries and mobile food pantries to increase awareness for screenings. Use inflatable colon to promote awareness about colorectal cancer at festivals.
		U of R- Center for Community Health & Prevention- 5% FTE and \$1010/ye	Conduct Health Living Class through U of R.	Conduct Health Living Class through U of R. Provider webinar about colorectal cancer by U of R.	Conduct Health Living Class through U of R.
		Southern Tier Cancer Services Program- time spend on outreach and requirement.	Attend Harvest Festival to promote NYCSP program.	Provide referral service for NYCSP to local providers and local referral agencies.	Provide referral service for NYCSP to local providers and local referral agencies.

Schuylker County
Community Health Improvement Plan

Priority: Promote Well-Being and Prevent Mental and Substance Use Disorders					
Focus Area 2: Prevent Mental and Substance User Disorders					
Timeframe: To be completed by December 31, 2021					
Goal 2.3 Prevent and address adverse childhood experiences					
Outcome Objective: 2.3.2 Reduce indicated reports of abuse/maltreatment rate per 1,000 children and youth ages 0-17 years by 9% by December 2021. (Current rate 45.2 per 1000-2017)					
Intervention/Strategies/ Activities	Process Measures	Partner Role and Resources	2019	2020	2021
2.3.1 Integrate principles of trauma-informed approach in governance and leadership, policy, physical environment, engagement and involvement, cross sector collaboration, screening, assessment and treatment services, training and workforce development, progress monitoring and quality assurance, financing and evaluation.	Completion of training; change in policies or implementation of policies	Local government unit- Mental Health Clinic - 2% of FTE of Mental Health Clinic.	Evaluate grant opportunities for ACES community support. Evaluate community readiness from government and leaders in the community.	Evaluate grant opportunities for ACES community support. Training on ACEs for mental health professional. Bring ACEs to Schuylker County government and leaders with the community and evaluate readiness for integration into protocols, etc. Set up referral system for Mental Health Clinic. Add ACEs category to monthly Quality Assurance meeting with Mental Health.	Implement screening tool for ACEs at the Mental Health Clinic. Review and update policies/protocol as it pertains to ACEs. Set up a baseline of ACEs scores and determine an evaluation process for effectiveness of processes addressing ACEs. Full implementation of ACEs intervention together with community partners. Collect data on ACEs to review impact on community. Discuss with community partners about sustaining efforts with ACEs intervention.
		2% of FTE Schuylker Primary Care Center, 2% of FTE for Schuylker Hospital	Use existing protocols to maintain patient privacy in waiting areas and check-in.	Start training on ACEs with primary care providers, hospital social work providers and emergency room providers. Strengthen and increase coordination of care with referral services for behavioral health. Develop policies and procedures for integrating trauma informed approaches and follow-up.	Integrate behavioral telehealth services with primary care. Implement updated policies and procedures for integrating trauma-informed approaches and follow-up. Look at integrating behavioral telehealth services with Emergency Department.

Schuyler County
Community Health Improvement Plan

Priority: Promote Well-Being and Prevent Mental and Substance Use Disorders (continued from page 1)					
Focus Area 2: Prevent Mental and Substance User Disorders					
Timeframe: To be completed by December 31, 2021					
Goal 2.3 Prevent and address adverse childhood experiences					
Outcome Objective: 2.3.2 Reduce indicated reports of abuse/maltreatment rate per 1,000 children and youth ages 0-17 years by 9% by December 2021. (Current rate 45.2 per 1000-2017)					
Intervention/Strategies /Activities	Process Measures	Partner Role and Resources	<u>2019</u>	<u>2020</u>	<u>2021</u>
2.3.1 Integrate principles of trauma-informed approach in governance and leadership, policy, physical environment, engagement and involvement, cross sector collaboration, screening, assessment and treatment services, training and workforce development, progress monitoring and quality assurance, financing and evaluation.	Completion of training; change in policies or implementation of policies	2% FTE Public Health Employee	Identify training needs for Public Health staff on trauma informed care and ACES.	Start training for ACES and trauma informed care. Partner with and support Mental Health Clinic in discussion with government leaders and community on determining community readiness for ACES and trauma informed care.	Evaluate internal practices to determine whether they are aligned with trauma informed approaches and ACES. Update internal practices as necessary.
	Completion of educational conferences and community awareness events.	S2AY Rural Health Network-5% FTE	Conduct regional ACES community presentations for awareness and education.	Continue to promote informational events on ACES and Resilience in communities.	Continue to promote informational events on ACES and Resilience in communities.

Schuyler County
Community Health Improvement Plan

Priority: Promote Well-Being and Prevent Mental and Substance Use Disorders					
Focus Area 2: Prevent Mental and Substance User Disorders					
Timeframe: To be completed by December 31, 2021					
Goal 2.3 Prevent and address adverse childhood experiences					
Outcome Objective: 2.3.2 Reduce indicated reports of abuse/maltreatment rate per 1,000 children and youth ages 0-17 years by 9% by December 2021. (Current rate 45.2 per 1000-2017)					
Intervention/ Strategies/ Activities	Process Measures	Partner Role and Resources	<u>2019</u>	<u>2020</u>	<u>2021</u>
2.3.2 Address Adverse Childhood Experiences and other types of trauma in the primary care setting.	Percent of primary care settings that screen for ACES	Local governmental unit-Mental Health Clinic	Assemble community partners to address ACES in primary care setting	Offer and complete education about ACES and referral system.	Implement screening tool for ACES at the mental health clinic. Offer and complete education about ACES and referral system. Work with primary care on evaluation of ACES intervention.
		2% of FTE Schuyler Primary Care Center	Start conversation with EMR on getting ACES screening questions entered into ECW.	Training for ACES, end of year start using ACES screening tool.	Evaluate ACES Screening process and update protocols as needed.
		2% FTE Public Health Employee	Identify and share resources on ACES screening with Schuyler Primary Care and other organizations participating in the CHIP.	Identify and share resources on ACES screening with Schuyler Primary Care and other organizations participating in the CHIP.	Identify and share resources on ACES screening with Schuyler Primary Care and other organizations participating in the CHIP.

Schuyler County
Community Health Improvement Plan

Priority: Promote Well-Being and Prevent Mental and Substance Use Disorders					
Focus Area 2: Prevent Mental and Substance User Disorders					
Timeframe: To be completed by December 31, 2021					
Goal 2.3 Prevent and address adverse childhood experiences					
Outcome Objective 2.3.2 Reduce indicated reports of abuse/maltreatment rate per 1,000 children and youth ages 0-17 years by 9% by December 2021. (Current rate 45.2 per 1000-2017)					
Intervention/ Strategies/ Activities	Process Measures	Partner Role and Resources	<u>2019</u>	<u>2020</u>	<u>2021</u>
2.3.2 Address Adverse Childhood Experiences and other types of trauma in the primary care setting.	Percent of support referrals followed through on within six month of being screened for ACEs	Local governmental unit-Mental Health Clinic	Assemble community partners to address ACES in primary care setting	Offer and complete education about ACES and referral system.	Implement screening tool for ACES in the mental health clinic Conduct ongoing outreach about ACES and referral system. Work with Schuyler Primary Care on evaluation of ACES intervention, looking at referrals and ACES scores.
		2% of FTE Schuyler Primary Care Center	Use existing referral process for mental health services.	Work with Mental Health Clinic on strengthening the referral process and follow through. Develop policies and procedures for integrating trauma informed approaches and follow-up.	Evaluate ACES follow up process and update protocols as needed.

Schuyler County
Community Health Improvement Plan

Priority: Promote Well-Being and Prevent Mental and Substance Use Disorders					
Focus Area 2: Prevent Mental and Substance User Disorders					
Timeframe: To be completed by December 31, 2021					
Goal 2.5 Prevent suicides					
Outcome Objectives: 2.5.2 Reduce the age-adjusted suicide mortality rate to 7 per 100,000 by December 2021					
Intervention/ Strategies/ Activities	Process Measures	Partner Role and Resources	<u>2019</u>	<u>2020</u>	<u>2021</u>
Intervention: 2.5.4 Identify and support people at risk: Gatekeeper training, crisis intervention, treatment for people at risk of suicide, treatment to prevent re-attempts, postvention, safe reporting and messaging about suicides	Proportion who felt comfortable applying suicide prevention skills, active listening, problem-solving, anger management, and stress management skills to identify and refer individuals at risk for suicide to appropriate care; Proportion who were knowledgeable about the signs and symptoms of suicide as well as the mental health problems associated with suicide, such as depression and substance use	Local governmental unit-Mental Health Clinic	Continue following policy on clients who may be at risk. Continue training with Youth mental health first aid and exploring other partners who would like to be trained or be trained as trainers. Continue support and participation with SAFE coalition. Evaluate with internal mental health clinic staff and community partners effectiveness of intervention on suicide prevention activities. Adapt interventions as necessary based on evaluation findings.	Continue following policy on clients who may be at risk. Continue training with Youth mental health first aid and exploring other partners who would like to be trained or be trained as trainers. Continue support and participation with SAFE coalition. Evaluate with internal mental health clinic staff and community partners effectiveness of intervention on suicide prevention activities. Adapt interventions as necessary based on evaluation findings.	Continue following policy on clients who may be at risk. Continue training with Youth mental health first aid and exploring other partners who would like to be trained or be trained as trainers. Continue support and participation with SAFE coalition. Evaluate with internal mental health clinic staff and community partners effectiveness of intervention on suicide prevention activities. Adapt interventions as necessary based on evaluation findings.

Schuyler County
Community Health Improvement Plan

Priority: Promote Well-Being and Prevent Mental and Substance Use Disorders					
Focus Area 2: Prevent Mental and Substance User Disorders					
Timeframe: To be completed by December 31, 2021					
Goal 2.5 Prevent suicides					
Outcome Objectives: 2.5.2 Reduce the age-adjusted suicide mortality rate to 7 per 100,000 by December 2021					
Intervention/ Strategies/ Activities	Process Measures	Partner Role and Resources	<u>2019</u>	<u>2020</u>	<u>2021</u>
Intervention: 2.5.4 Identify and support people at risk: Gatekeeper training, crisis intervention, treatment for people at risk of suicide, treatment to prevent re-attempts, postvention, safe reporting and messaging about suicides	Proportion who felt comfortable applying suicide prevention skills, active listening, problem-solving, anger management, and stress management skills to identify and refer individuals at risk for suicide to appropriate care; Proportion who were knowledgeable about the signs and symptoms of suicide as well as the mental health problems associated with suicide, such as depression and substance use	Hospital- Primary Care Center- 2% of FTE Schuyler Primary Care Center	Identifying need for mental health crisis training for staff at Schuyler Primary Care.	Identify specific trainings to complete (for example, Mental Health First Aid or QPR). Identify additional resources in the community that can be used during crisis interventions.	Finalize and implement written protocol for mental health first aid in Schuyler Primary Care Center.

Schuyler County
Community Health Improvement Plan

Priority: Promote Well-Being and Prevent Mental and Substance Use Disorders					
Focus Area 2: Prevent Mental and Substance User Disorders					
Timeframe: To be completed by December 31, 2021					
Goal 2.5 Prevent suicides					
Outcome Objectives: 2.5.2 Reduce the age-adjusted suicide mortality rate to 7 per 100,000 by December 2021					
Intervention/ Strategies/ Activities	Process Measures	Partner Role and Resources	<u>2019</u>	<u>2020</u>	<u>2021</u>
Intervention: 2.5.4 Identify and support people at risk: Gatekeeper training, crisis intervention, treatment for people at risk of suicide, treatment to prevent re-attempts, postvention, safe reporting and messaging about suicides	Proportion who felt comfortable applying suicide prevention skills, active listening, problem-solving, anger management, and stress management skills to identify and refer individuals at risk for suicide to appropriate care; Proportion who were knowledgeable about the signs and symptoms of suicide as well as the mental health problems associated with suicide, such as depression and substance use	2%-4% FTE Public Health Employee	Continue to invest time in participating in local, regional and state wide suicide prevention efforts (e.g., SAFE, annual regional and statewide meetings). Identify and share resources and best practices for suicide prevention. Collaborate with community organizations to offer and promote trainings.	Continue to invest time in participating in local, regional and state wide suicide prevention efforts (e.g., SAFE, annual regional and statewide meetings). Identify and share resources and best practices for suicide prevention. Collaborate with community organizations to offer and promote trainings. Explore means reduction intervention for possible implementation in 2021.	Continue to invest time in participating in local, regional and state wide suicide prevention efforts (e.g., SAFE, annual regional and statewide meetings). Identify and share resources and best practices for suicide prevention. Collaborate with community organizations to offer and promote trainings. Potentially implement means reduction intervention depending on 2020 findings.

Schuyler County
Community Health Improvement Plan

Priority: Promote Well-Being and Prevent Mental and Substance Use Disorders					
Focus Area 2: Prevent Mental and Substance User Disorders					
Timeframe: To be completed by December 31, 2021					
Goal 2.5 Prevent suicides					
Outcome Objectives: 2.5.2 Reduce the age-adjusted suicide mortality rate to 7 per 100,000 by December 2021					
Intervention/ Strategies/ Activities	Process Measures	Partner Role and Resources	<u>2019</u>	<u>2020</u>	<u>2021</u>
Intervention: 2.5.4 Identify and support people at risk: Gatekeeper training, crisis intervention, treatment for people at risk of suicide, treatment to prevent re-attempts, postvention, safe reporting and messaging about suicides	Proportion who felt comfortable applying suicide prevention skills, active listening, problem-solving, anger management, and stress management skills to identify and refer individuals at risk for suicide to appropriate care; Proportion who were knowledgeable about the signs and symptoms of suicide as well as the mental health problems associated with suicide, such as depression and substance use	SAFE-Community based organizations	Attend four to five local festivals/events to promote suicide awareness. SAFE member trained as a Youth Mental Health First Aid trainer. Youth Mental Health First Aid training provided in Dundee. Attend annual regional suicide prevention meeting. Fundraise for Suicide Prevention awareness at Waterfront Festival. Advocating for Schuyler County to partner with another county for Suicide Prevention Coordinator.	Attend four to five local festivals/events to promote suicide awareness. Attend annual regional and statewide suicide prevention meetings. Fundraise for Suicide Prevention awareness at Waterfront Festival. Offer Youth Mental Health First Aid training for staff at one school each year. Work with County Coroner on accurate reporting of suicide deaths.	Attend four to five local festivals/events to promote suicide awareness. Attend annual regional and statewide suicide prevention meetings. Fundraise for Suicide Prevention awareness at Waterfront Festival. Offer Youth Mental Health First Aid training for staff at one school each year. Work with County Coroner on accurate reporting of suicide deaths.

Schuyler County
Community Health Improvement Plan

Priority: Promote Well-Being and Prevent Mental and Substance Use Disorders

Focus Area 2: Prevent Mental and Substance User Disorders

Timeframe: To be completed by December 31, 2021

Goal 2.5 Prevent suicides

Outcome Objectives:

2.5.2 Reduce the age-adjusted suicide mortality rate to 7 per 100,000 by December 2021

Intervention/ Strategies/ Activities	Process Measures	Partner Role and Resources	<u>2019</u>	<u>2020</u>	<u>2021</u>
Intervention: 2.5.4 Identify and support people at risk: Gatekeeper training, crisis intervention, treatment for people at risk of suicide, treatment to prevent re-attempts, postvention, safe reporting and messaging about suicides	Proportion who felt comfortable applying suicide prevention skills, active listening, problem-solving, anger management, and stress management skills to identify and refer individuals at risk for suicide to appropriate care; Proportion who were knowledgeable about the signs and symptoms of suicide as well as the mental health problems associated with suicide, such as depression and substance use	M. R. Hess Home Works	Attend three to four local festivals/events to promote suicide awareness. Individual received training to be a QPR trainer. Offer youth and adult QPR trainings. Organize "Saving Space": informal support group to support people dealing with mental health issues in their lives, including but not limited to suicide. Organize six "Too Late for Taboo" discussions focused on suicide prevention. Individual is Peer Specialist certified and offering individual and group peer support services.	Attend three to four local festivals/events to promote suicide awareness. Individual received training to be a QPR trainer. Offer youth and adult QPR trainings. Organize "Saving Space": informal support group to support people dealing with mental health issues in their lives, including but not limited to suicide. Organize six "Too Late for Taboo" discussions focused on suicide prevention. Individual is Peer Specialist certified and offering individual and group peer support services. Offer youth QPR training for school-aged youth. Organize youth suicide awareness/suicide prevention dance. Organize Push Through 5k race.	Attend three to four local festivals/events to promote suicide awareness. Individual received training to be a QPR trainer. Offer youth and adult QPR trainings. Organize "Saving Space": informal support group to support people dealing with mental health issues in their lives, including but not limited to suicide. Organize six "Too Late for Taboo" discussions focused on suicide prevention. Individual is Peer Specialist certified and offering individual and group peer support services. Offer youth QPR training for school-aged youth. Organize youth suicide awareness/suicide prevention dance. Organize Push Through 5k race.

Schuyler County
Community Health Improvement Plan

Priority: Promote Well-Being and Prevent Mental and Substance Use Disorders

Focus Area 2: Prevent Mental and Substance User Disorders

Timeframe: To be completed by December 31, 2021

Goal 2.5 Prevent suicides

Outcome Objectives:

2.5.2 Reduce the age-adjusted suicide mortality rate to 7 per 100,000 by December 2021

Intervention/ Strategies/ Activities	Process Measures	Partner Role and Resources	<u>2019</u>	<u>2020</u>	<u>2021</u>
Intervention: 2.5.4 Identify and support people at risk: Gatekeeper training, crisis intervention, treatment for people at risk of suicide, treatment to prevent re-attempts, postvention, safe reporting and messaging about suicides	Proportion who felt comfortable applying suicide prevention skills, active listening, problem-solving, anger management, and stress management skills to identify and refer individuals at risk for suicide to appropriate care; Proportion who were knowledgeable about the signs and symptoms of suicide as well as the mental health problems associated with suicide, such as depression and substance use	Ryan Pruitt Awareness 24 (RPA 24)	Attend local festivals and events to together with other local suicide prevention and awareness organizations. Offer Survivor Meetings starting in October. Fundraise and promote suicide awareness and prevention with gala. Reach out to families affected by suicide to offer support. Adopt a family for the holidays. Partner with other community organizations to assist with postvention efforts. Committee members will complete QPR training. Offer a scholarship for a Watkins Glen student.	Attend local festivals and events to together with other local suicide prevention and awareness organizations. Offer Survivor Meetings starting in October. Fundraise and promote suicide awareness and prevention with gala. Reach out to families affected by suicide to offer support. Adopt a family for the holidays. Partner with other community organizations to assist with postvention efforts. Committee members will complete QPR training. Offer two scholarships: one each for a Watkins Glen and an Odessa-Montour student.	Attend local festivals and events to together with other local suicide prevention and awareness organizations. Offer Survivor Meetings starting in October. Fundraise and promote suicide awareness and prevention with gala. Reach out to families affected by suicide to offer support. Adopt a family for the holidays. Partner with other community organizations to assist with postvention efforts. Committee members will complete QPR training. Offer three scholarships: one each for a Watkins Glen student, an Odessa-Montour student, and a Bradford student.