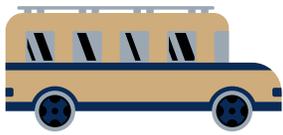
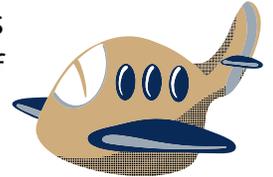


CDC currently recommends you stay home as much as possible and avoid unnecessary travel, especially if you are at higher risk of severe illness. Do not travel if you, or someone you are traveling with, are not feeling well.

## If you must travel, consider the following risks you might face, depending on what type of travel you are planning:

Air travel: Because of how air circulates and is filtered on airplanes, most viruses and other germs do not spread easily on flights. However, there may be a risk of getting COVID-19 on crowded flights if there are other travelers on board with COVID-19.



Bus or train travel: Sitting or standing within 6 feet of others for a prolonged period of time can put you at risk of getting or spreading COVID-19.

Car travel: The stops you need to make along the way could put you and others in the car with you in close contact with others who could be infected.



RV travel: Traveling by RV means you may have to stop less often for food or bathrooms, but RV travelers typically have to stop at RV parks overnight and other public places to get gas and supplies. These stops may put you and those with you in the RV in close contact with others who could be infected.

## If you must travel, there are several things you should consider before you go.

1. Travel may expose you to new parts of the country with differing levels of community transmission. Your travel may put others at risk—along the way, at your destination, and when you return home.
2. Check with the state or local health department where you are, along your route, and at your planned destination. There may be travel restrictions, stay-at-home or shelter-in-place orders, mandated quarantines upon arrival, or even state border closures while you are traveling.
3. Protect yourself and others during your trip:



**Avoid close contact with others**



**Clean your hands often**



**Wear a cloth face covering in public**



**Cover coughs and sneezes**



**Use drive-throughs or curbside service**