



**4 Vegetable Lasanga**

Carrots  
Fruit Cocktail  
Grape Juice  
Whole Grain Dinner Roll

**11 Pepper Steak**

Augratin Potatoes  
Beets  
Applesauce  
12 Grain Bread

**18 OFA CLOSED**



**25 Chicken w/Mushroom Gravy**

Sweet Potatoes  
Beets  
Fruit Cocktail  
12 Grain Bread

**5 Parmesan Crusted Fish**

Buttered Parsley Potatoes  
Green Beans  
Plum Crisp  
Whole Grain Blueberry Muffin

**12 Baked Ziti w/ Four Cheese**

Italian Green Beans  
Pineapple  
Lime Dessert Salad  
Whole Grain Garlic Roll

**19 Shepards Pie**

Green Beans  
Pineapple Tidbits  
LS V8 Juice  
Whole Grain Blueberry Muffin

**26 Spaghetti with Meatballs**

Waxed Beans  
Tossed Salad w/ Dressing  
Molded Green Salad  
Whole Grain Garlic Roll

**6 Macaroni & Cheese**

Stewed Tomatoes  
Four Bean Salad  
Strawberries w/Whip Topping  
Whole Grain Dinner Roll

**13 Turkey Stew**

Peas & Pearl Onions  
Molded Apricot & Cheese Salad  
Whole Grain Biscuit

**20 Chicken & Biscuit**

Mixed Vegetables  
Carrot Raisin Salad  
Peaches

**27 Roast Turkey with Gravy**

Mashed Potatoes  
Winter Squash  
Cranberry Fruit Salad  
12 Grain Bread

**7 Glazed Baked Ham**

Sweet Potatoes  
Brussel Sprouts  
Cabbage Pineapple Salad  
12 Grain Bread

**14 Chili Con Carne**

Baked Potato w/ Sour Cream  
Peaches and Pears  
Corn Bread

**21 Fish Morney**

Confetti Rice  
Carrots  
Coleslaw  
Mandarin Oranges  
12 Grain Bread

**28 Sweet & Sour Pork**

Brown Rice  
Broccoli  
Calico Salad  
Peach Crisp  
Whole Grain Pumpkin Muffin

**1**



**OFA CLOSED**

**8 Spanish Rice**

Mixed Vegetables  
Molded Cucumber Salad  
Peaches  
Whole Grain Dinner Roll

**15 Herb Baked Chicken**

Rice Pilaf  
Carrots  
Seven Layer Salad  
Mixed Berries  
12 Grain Bread

**22 Roast Pork w/Sauerkraut**

Mashed Potatoes  
Vegetable Blend  
Sunshine Salad  
Whole Grain Spice Muffin

**29 Cheese Strata**

Carrots  
California Salad  
Cinnamon Apples  
Whole Grain Dinner Roll